

Forest & Bluff

ESTABLISHED 2001

LIFE SAVER
A GRIEVING
MOM'S QUEST
TO MAKE A
DIFFERENCE

PERSEVERANCE
MEET OLYMPIC
GOLD
MEDALIST
HILARY KNIGHT

DIVINE DISH
OLIVE OIL
CAKE WITH
STRAWBERRIES
AND THYME.
OH MY!

Back to School!

AUGUST 2022

Editor's Note

58
LAKE FOREST
READS



TIME SURE FLIES when you're having fun! By the time you receive this August issue, we will be in the throes of enjoying kids going to camp, swimming, and lounging at the beach or maybe even enjoying some outdoor musical shows.

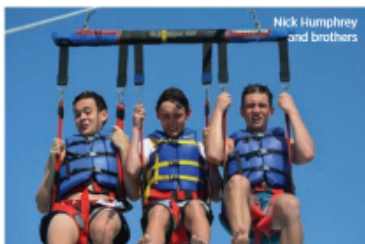
There is so much to do in the four warm months we get here in the Chicago area that before we know it, school is starting again almost as fast as it ended.

My kids are all grown and in college or beyond but I remember the best part of a new school year was shopping. Check out our *Back-to-School* shopping guide for those kiddos and our *Vacation Vibes* for all your travel essentials for your August holiday.

Speaking of which, one of my very favorite things to do in this last month of summer is to escape to some nearby destination for a long weekend. I was invited to experience a rare find—The Neighborhood Hotel Grand Beach in New Buffalo, Michigan. Check out *The Weekender* to learn more.

This issue also celebrates Lake Forest native Hilary Knight, who recently returned from the Winter Olympic games in Beijing, proudly representing the U.S. team.

60
LIFE SAVER



And just when you thought it couldn't get any better, Lake Forest welcomes the long-awaited for Le Colonial to Market Square. In the Neighborhood's, *Escapist's Paradise* goes into great detail on the experience of this tropical café.

On a more serious note, this back-to-school issue also brings you an important story about a tragedy that is befalling many of our teens and young adults—the

Windsor May and Winn Itner look forward to the new school year.



increasing problem of overdosing on fentanyl-laced drugs. It's so difficult for me to stomach another preventable loss and that is why I am exposing this incredibly important information in the feature story, *Life Saver*. Dr. Ellen Humphrey courageously talks to

about the heartbreaking loss of her son, Nick Humphrey, last year. If you read only one thing in this month's issue, let it be this. I hope by telling her story, members of our community will talk to their children about this national epidemic.

And with that, I give you August and wish you happy, sun-filled days. Go make some memories!

THERESA DE MARIA
Editor in Chief

✉ theresa@jwcmedia.com

📍 [@forestandbluffmag](https://www.instagram.com/forestandbluffmag)

LAKESIDE RETREAT

A new resort property in Michigan's Harbor Country is the next best thing to having your own beach house.

words by **Sherry Thomas**



Common area kitchen

SOME CALL NEW BUFFALO and other lakeside towns in Harbor Country, Michigan the North Shore, west. Those with beach houses and cottages there can attest to the likelihood of running into Lake Forest or Lake Bluff neighbors while grabbing a burger at Redamak's or another hotspot around town.

And yet, not all of us have a beach house (or at least not in that locale). Enter a unique new property designed to fill that void for those who want the convenience of a private abode and its amenities without the commitment.

Located on a wooded property five minutes from downtown New Buffalo, The Neighborhood Hotel Grand Beach features 14 large, rustic-luxe suites (including two, 2-bedroom/2-bath cottage homes) with all the amenities of a lakefront retreat. Stocked kitchens and a thoughtful collection of art and accessories reflect the property's hip, modern aesthetic (think campy

chic) while paying homage to its history as a 1914 resort known as The Pinewood Lodge.

Set on the site of the historic retreat—which famously hosted such heavyweight boxers as Cinderella Man and James Braddock in the early 20th century—The Neighborhood Grand Beach offers four acres of indoor and outdoor amenities including three fire pits, a pool, and The Living Room—stocked with games, a communal bar, and a vending machine filled with local favorites.

In addition to in-suite kitchenettes and kitchens to prepare meals at your own pace, there is the Cowboy Cauldron, billed as “the world’s finest fire pit and grill.” The star of the “cauldron” is the Grillworks Asador, which is used by professional chefs as part of the property’s Pop-Up series (also perfect to boil soups, grill burgers, or warm your feet).

If you’d rather not deal with the hassle of bringing groceries from home, pre-order from Froelich’s, a local fave. One phone call and everything you need for your stay will be delivered to your suite upon arrival, from



The Lighthouse at Grand Beach

breakfast staples to full dinners, fresh baked pies, wine, beer, bloody Mary, and mimosa kits. And if you happen to be visiting over the weekend, throw in an order of bagels, which are reputed to some of the best of the Midwest (including Chicago).

Suites range in size from a large studio to a spacious 3-bedroom/2-bath mini-apartment, making the property ideal for a multi-party celebration, girls' weekend, or even a family reunion. The decor is classic cottage but the finishes are pure luxury, offering the beach escape you crave without sacrificing the comforts of home.

Imagine waking up to the soothing sounds of nature, then grabbing coffee by the campfire surrounded by trees and fresh seaside air. From there, you can opt to relax by the pool, enjoy yoga in the woods, or venture further to explore Grand Beach (a five-minute walk away) or nearby harbor towns (hint: Greenbush Brewing Co. is just a few miles away in Sawyer). Your day might end with a barbecue on that "cauldron" grill with fresh herbs from the garden, followed by s'mores under the stars.

The creators of The Neighborhood Grand Beach say the property was designed to honor the legacy of a "summer colony" that has welcomed visitors through its iconic entry gate (still there) for more than a century. In addition to the original Pinewood Lodge, Grand Beach was also home to a larger hotel and golf club. There was even a nightclub that put the resort on the map in the roaring '20s.

It does all of those things, and more. Whether you're looking for a last weekend escape before school starts or planning a beach sojourn during cooler fall months, The Neighborhood Grand Beach is a fantastic new option. Unless, of course, you want to buy a beach house of your own.

The Neighborhood Grand Beach is located at 19400 Ravine Drive in New Buffalo, Michigan. For more information, call 773-231-7300 or visit theneighborhoodhotel.com/pages/grand-beach/.



In-suite kitchen



Common area lounge